



Follow these instructions to take the necessary photos to have a virtual evaluation by Dr. Castilla.

Simply send the 6 photos to our office by text or email.

Once the photos are received, one of our clinicians will be reaching out to you within 48 hours to discuss Dr. Castilla's recommendations and answer any questions you may have about your retainers.

## PHOTO INSTRUCTIONS

Wash your **hands** thoroughly for at least **20 seconds**.

Find a **well-lit room** in your house. One with a lot of natural light is best where the light is facing you.

Place the cheek retractor with connecting loop towards your chin and not your nose. You can also use two spoons to retract your cheeks. For instructions on how to use a spoon, visit [castillaortho.com/virtual-invisalign-braces-consultation/](http://castillaortho.com/virtual-invisalign-braces-consultation/)

Take the following **6 photos** with your phone or camera. Make sure the flash is turned on. If you see a **shadow over your teeth** or if they are **out of focus**, please take them again. You may need to recruit a friend to help you.

**With your retainers:**

1-Photo looking straight at your front teeth while biting on the edges of your front teeth.



**Without your retainers**

2-Photo showing the chewing surfaces of your top teeth.



3-Photo showing the chewing surfaces of your bottom teeth.



4-Photo showing your back teeth on the right side of your mouth while biting all the way down. Pull the cheek retractor or spoon to the side to be able to see your molars.



5-Photo showing your back teeth on the left side of your mouth while biting all the way down. Pull the cheek retractor or spoon to the side to be able to see your molars.



### CONTACT

Text:  
503-399-0721

Email:  
[justsmile@castillaortho.com](mailto:justsmile@castillaortho.com)

6. Finally, take a photo of the Retainer Boss Submission form.